

# FALKIRK TRINITY CHURCH NEWS

APRIL 2017

## SUNDAY WORSHIP SERVICES

**Sunday 2<sup>nd</sup> April at 11.00am**

Fifth Sunday in Lent

Theme: Sharing God's message – sharing God's love

**Sunday 9<sup>th</sup> April at 11.00am**

Palm Sunday

Service led by Raheel Arif

Theme: Sharing God's message – sharing God's mercy

**Thursday 13<sup>th</sup> April: Maundy Thursday Communion Service 7.00pm**

**Friday 14<sup>th</sup> April: Good Friday Service 7.00pm**

**Sunday 16<sup>th</sup> April at 11.00am**

(Early morning service 8.30am at Princes Park)

Easter Day

Theme: Sharing God's message – sharing the Gospel story

Communion Service: All who love the Lord are welcome to share around His table.

**Sunday 23<sup>rd</sup> April at 11.00am**

Theme: Sharing God's message – sharing our faith

**Sunday 30<sup>th</sup> April at 11.00am**

Service led by Kay Brown



### Contacts

Rev Robert Allan, Minister, 625124, [minister@falkirktrinity.org.uk](mailto:minister@falkirktrinity.org.uk)

Rev Kay Brown, Assistant Minister, 617352, [kaybrown1cpw@gmail.com](mailto:kaybrown1cpw@gmail.com)

Rev John Jenkinson, Pastoral Assistant, 625498, [jh.jenkinson@sky.com](mailto:jh.jenkinson@sky.com)

Mrs Morag Jenkinson, Session Clerk, 625498, [sessionclerk@falkirktrinity.org.uk](mailto:sessionclerk@falkirktrinity.org.uk)

Mr Gordon England, Deputy Session Clerk, 714320, [gandm.england@gmail.com](mailto:gandm.england@gmail.com)

Mrs Gillian Gardner, Business and Development Manager, Church Office 611017, [thefawkirk@outlook.com](mailto:thefawkirk@outlook.com)

Mr Robert Tait, Organist, 713746, [bob.tait@blueyonder.co.uk](mailto:bob.tait@blueyonder.co.uk)

Mrs Marianne Pattison, Safeguarding Officer, 716087, [marpat@virginmedia.com](mailto:marpat@virginmedia.com)

Mrs Elaine Harley, Safeguarding Officer, 557352, [elaine.harley@tiscali.co.uk](mailto:elaine.harley@tiscali.co.uk)

Mr Alastair Jeffrey, Treasurer, [falkirktrinitytreasurer@virginmedia.com](mailto:falkirktrinitytreasurer@virginmedia.com)

### Church News for May 2017

Please send to the Church Office via e-mail ([thefawkirk@outlook.com](mailto:thefawkirk@outlook.com)) or hand into the office by Tuesday 25<sup>th</sup> April. Thanks!



 @The\_Faw\_Kirk

[www.falkirktrinity.org.uk](http://www.falkirktrinity.org.uk)

Charity Number SC000652

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# Church Life – what's happening?

## Church Diary

- Comely Park Primary School Easter Service at 11.00am on Thursday 30<sup>th</sup> March at Church.
- Kirk Session meets on Tuesday 4<sup>th</sup> April
- Study Leave discussion evening on Tuesday 18<sup>th</sup> April at 7.00pm for a 7.30pm start
- Christian Aid Team meet on Tuesday 25<sup>th</sup> April

## Prayer Tree

We have a prayer tree in the Vestibule. Please leave a message on this if you want prayers said for yourself or others.



## Traidcraft Stall

Our stall is open every Friday at lunchtime beside the café. The new Spring catalogues are now available, together with Real Easter eggs – an egg, the Easter story book and a milk chocolate Yummy bar.



## Strathcarron Hospice Phials

Phials for donations to Strathcarron Hospice are available on the table in the Vestibule. Please feel free to take one to fill with any coin value. Once full, the phials should be returned to Boston Glegg. Thank you



## Flowers

The flowers which decorate the Sanctuary and vestibule are provided by donations from the congregation throughout the year. A special date can be requested, for example, to mark an anniversary or commemorate a loved one. You can arrange the flowers personally or this can be done for you. Please speak to Marianne Pattison for more information.

## Study Leave Discussion Evening

**Tuesday 18<sup>th</sup> April, 7.00pm for 7.30pm start**

This is an informal opportunity to discuss Robert's study leave report and any finding within it – for a copy, please ask Gillian in the office or send an e-mail to Robert. Come with your thoughts, come with your questions, come and just listen. All welcome!

## Parking in Church Grounds

On Sundays, we try to keep as many spaces within the grounds for those bringing folk to Church who are unable to walk far or cope with the hills/steps around the Church. If you are able to cope with these, then please make use of the various parking places around the town centre. Please drive very slowly and with great care as you enter and leave the Church grounds as many people are on foot.

## Pastoral Visitors

If you are interested in finding out more about becoming a Pastoral Visitor, please contact Irene Scott.

## Did you know.....?

The monthly news sheet and the Faw Kirk Magazine are available to read online at [www.falkirktrinity.org.uk](http://www.falkirktrinity.org.uk).

## Worship

Please note that we now stream Sunday Services on line. Although there may occasionally be times when the congregation is seen, the main focus will usually be towards the front of the Church. If anyone wishes to discuss this, or has any concerns, please speak to the Minister.

## Minister's Annual Leave

Our Minister will be on holiday from Monday 24<sup>th</sup> April to Tuesday 2<sup>nd</sup> May, both dates inclusive. During this time urgent pastoral cover will be provided by Kay Brown and John Jenkinson.

## Summer Sunday Time

We are looking for volunteers to cover Sundays from 2<sup>nd</sup> July to 20<sup>th</sup> August inclusive for our young children (up to P6). There will be a supply of basic craft materials available but if your talent is storytelling, games, etc, that's great too. If you can help please contact Morag Mackay [moragmackay@hotmail.com](mailto:moragmackay@hotmail.com)

## Dining Night Saturday 27<sup>th</sup> May



Our fabulous dining evening is back! As always, it's £25 per person and byob. Menus will follow after bookings are made. Bookings should be made as soon as possible with Morag Jenkinson please, as tables are always at a premium.

## Book Group

The next meeting is on Thursday 6<sup>th</sup> April in the Wheelhouse to discuss 'Dreams From My Father' written by Barack Obama.



## Refugee Support

### Calling all knitters!

We are still collecting 8" knitted squares – in double knitting wool, any colour or pattern. The squares will be sent in packs out to the camps so that the women can sew them together and make their own personalised blankets. This gives them an activity which is of value and helps keep them warm. We have loads of wool here, so please take what you need from the box in the Vestibule and drop your squares into the donation boxes at the entrance to the Main Hall or the box at the Donation Station in the vestibule.

### Sew Sisters Lebanon Project (Salam Lebanon)

#### When is a sewing machine not just a sewing machine?

Do you have a sewing machine in good working order that you no longer use? If so, Re-Act Refugee Action Scotland would love it to send to Lebanon, and this is why...



A sewing machine helps lift a woman out of poverty and creates new jobs in her community. The Sew Sisters Lebanon Project will involve setting up a micro-enterprise initiative for a women's group in Lebanon's impoverished Bekaa Valley, for the production and sale of sanitary towels and reusable nappies to their immediate communities and surrounding villages. Right now, young girls and women cannot afford imported sanitary towels and are aid dependent for these and for nappies and incontinence wear. The goal of the project is to make available sanitary towels at low-cost prices to school-aged girls and women in the region and also to make goods which can be sold

## Walking Group

The Walking Group will meet on Mondays during April in Callendar Park car park at 7.00pm. For further information, please contact Elizabeth on 624273 or any member of the walking group.

Forthcoming Saturday walks:

Open to all - everyone is welcome to join us for exercise and fresh air on the 29<sup>th</sup> of April! There's a walk up Cockleroy Hill (optional) followed by a circular route through Beecraigs Country Park. This two-hour outing will end with afternoon refreshments at a local cafe. Meet at Cockleroy car park for 1.00 pm. Contact Susan Laing for further information (01324 630890 or 07914 745015). Looking ahead to early summer, there's a walk on the 20<sup>th</sup> of May in Kinross / Loch Leven (morning start time)

## Family Life Centre

As part of our Church focus of "Trinity Transforming Lives" we have been working on a new project called the "Family Life Centre" which, in time, seeks to provide support and initiatives to help meet various needs within our community. One aspect of this is the building of a new Play Therapy room in the upper hall and we hope to engage the services of a Play Therapist to work with children who require such a service. We hope to start this service by August, but this is only one strand which we hope to develop – watch this space!

## Trinity Guild

Trinity Guild meetings have now finished for this session with our AGM being held on the 29<sup>th</sup> of March. Meetings will resume in October. You can get information about the Guild from Norah Summers, Christine Tait and Fiona Scott.



## Falkirk Foodbank

Look out for "Easter Egg Week"! We will be collecting Easter Eggs to donate to the Food Bank so they can be distributed to families at Easter. "Easter Egg week" will run from the 26<sup>th</sup> of March to the 2<sup>nd</sup> of April – you can bring your own eggs to hand in on either Sunday or alternatively you can buy a Fairtrade egg at Church.



## Wanderers

Our next outings are on the 12<sup>th</sup> and 25<sup>th</sup> of April. If you are interested in coming along, please contact Christine, Ellen or Margaret via the Office as soon as possible.





### Christian Aid Week

Christian Aid week will take place from the 14<sup>th</sup> to the 20<sup>th</sup> of May this year. Christian Aid Week began at the end of the Second World War to support the work the churches in Britain and Ireland were doing with refugees across Europe. Unfortunately, this work continues to be needed now more than ever. This year, the focus of Christian Aid week is on the refugees who are living in camps throughout Italy, Greece and the Middle East. One of the refugees, Nejebar, is the focus of posters for the week.

Nejebar fled Afghanistan with her husband and children after their family was targeted by the Taliban. After travelling overland and by sea, they now live in a tent in a refugee camp in Southern Greece. In the course of their travels, Nejebar and her husband have "adopted" two young refugees who lost their family on the journey. Many thousands of families have shared similar experiences.

### Big Brunch

This year "The Big Brunch" will start the week off on Saturday 13<sup>th</sup> of May. It will take place in the Main Hall from 11.00am until 1.00pm.

### Collections

House to house collections will take place during Christian Aid week. We know that it is not possible to cover all the streets in our parish and so once again we will be placing 2 envelopes inside the pew leaflets during Christian Aid week. If your street is not covered by the house to house collection, then please use one of these envelopes to make a contribution towards the work of Christian Aid. If you could pass your second envelope onto a friend or a neighbour, that would help the work of the Christian Aid team in Falkirk Trinity cover as many people as possible.

### Quiz

The theme for this year's Christian Aid Quiz is "Singers/Bands". It will be on sale from Sunday 23<sup>rd</sup> April after the service at a cost of £1. Completed quizzes should be returned to the Christian Aid table by Sunday 21<sup>st</sup> May.

### Book Sale - 22<sup>nd</sup> to 27<sup>th</sup> May

Planning is underway for the annual book sale - books, magazines, DVD's and CD's are wanted, however, due to space constraints within the Church, we are unable to start accepting donations until mid April. More information will follow in the coming weeks. Volunteers are also wanted - please see Phil, Leanne or Lynn for more details or email [trinitybooksale@yahoo.com](mailto:trinitybooksale@yahoo.com)

### Falkirk Trinity Church Choir Practices - 2017

The choir meets once per month on a Thursday evening with some additional evenings in the period before Easter and Advent/Christmas. The practices are held either in the Main Hall or the Archway Room from 7.30pm – 9.30pm on the following Thursday evenings:

- 30<sup>th</sup> March
- 6<sup>th</sup> April
- 27<sup>th</sup> April
- 25<sup>th</sup> May
- 29<sup>th</sup> June
- 31<sup>st</sup> August
- 28<sup>th</sup> September
- 26<sup>th</sup> October
- 23<sup>rd</sup> November
- 30<sup>th</sup> November
- 7<sup>th</sup> December



The choir also practices before each Sunday Service at 10.15am prompt in the Archway Room. New members are always made welcome. Anyone interested in joining the choir should speak to Bob Tait or contact him via the Office.

**'From Dust to Glory'  
Easter Evening Service  
Sunday 16<sup>th</sup> April at 7.00pm**

Experience an Easter evening of praise and prayer, poetry, film and music sponsored by Sanctuary First, the Church of Scotland's online worshipping community. You can join us in person or on - line.

The evening will seek to explore through worship, the significance of the resurrection of Jesus for 21<sup>st</sup> century Christians and will offer an alternative message of hope to everyone who is searching for truth and integrity in public and private life. This is a wonderful opportunity to bring a friend who would enjoy exploring their faith and being inspired by a message of hope.

**Donation Station - Mary's Meals**

During Lent, we will be collecting backpacks for Mary's Meals. If you can, please donate a backpack filled with the following: notepad, pens, pencils, crayons, eraser, ruler, sharpener, pencil case, towel, shorts or skirt, t shirt or dress, flip flops or sandals, soap, toothbrush, toothpaste, a small ball and a spoon. (you might wish to get together with some friends to make up a backpack.)

**Handy Hints**

- Clothing for children aged between 4-12 years is suitable.
- Second-hand items are fine if they are in good condition.
- Please label your backpack to indicate whether it is suitable for a boy or girl, and suggest what age.
- Please don't include any liquids (including liquid soap) and don't be tempted to add any other gifts such as toys or sweets, as these can cause problems with Customs during delivery.



Donations of money are also useful (please put into an envelope clearly marked and leave in the box on the table). Please note that all backpacks should be handed in by Sunday 9<sup>th</sup> of April.

**4<sup>th</sup> Falkirk Girls' Brigade Easter Egg Bingo Night  
Thursday 30<sup>th</sup> March, doors open 6.00pm, eyes down 6.30pm.  
Ettrick Dochart Community Hall, Hallglen**



All are welcome to join in! There will also be a raffle and refreshments for sale. Any donations of raffles or prizes will be very much appreciated. Please note that Parents' night is on Thursday 27<sup>th</sup> April at 6.00pm in the Ettrick Dochart Community Hall.

**Easter Card Delivery**

The Easter cards to be delivered to the businesses in the town will be available for uplift from Sunday 26<sup>th</sup> March. There are volunteers who have been delivering cards at Easter and Christmas but more people are welcome. New volunteers mean we can cover a wider area. If you want to know more, please contact on Isabel Sarle.

**Credit Union**

We are now a collection point for Falkirk District Credit Union! You can join here on Tuesdays between 10.00am and noon.

**A Heart to Listen?  
Saturday 27<sup>th</sup> May from 10.30am to 12.30pm**

You are warmly invited to this two hour interactive session – A Heart to Listen? Come and discover why listening is important for health and wellbeing, in our every day relationships, in our faith journey and in pastoral care or community outreach initiatives. Come and find out how well you really listen and what Listen Well Scotland has to offer. Come and reflect on what the next step might be on the journey to become a “Listening Church.”

A sign-up sheet is available in the vestibule or you can email the Office to book your place. Each place is £3.00. Tea and coffee will be available from 10.00am.

### Café in the Kirk Holiday

The Café is closed from Monday 10<sup>th</sup> until Monday 17<sup>th</sup> April for the Easter holidays. It will reopen on Tuesday 18<sup>th</sup> April at noon.

### What's on here?

Do you know that we have various groups who meet here regularly for dance, music and keep fit classes and rehearsals, or for informative evenings or for support sessions? This Church is a lively place during the week and so we'll be sharing some articles over the year about the groups who meet here so that you can perhaps join in too! If you want any more information about our groups, contact the Office.

#### Our Diary

Monday	The Choir Factory	6.30pm-7.30pm (Junior Choir); 7.45pm-9.00pm (Adult Choir)
	Project Theatre	7.00pm-8.30pm
Tuesday	Mini Music Makers classes	9.30am-noon
	Credit Union collection	10.00am-noon
	Age Concern - dancing	1.30pm-3.30pm
	AM Wellbeing	6.30pm-7.30pm (monthly)
	Scottish Wildlife Trust	7.00pm-9.00pm (monthly)
	Gamblers Anonymous	7.30pm-9.30pm
	Falkirk Bohemians	7.30pm-10.00pm (May-October)
Wednesday	Falkirk Trinity Guild	2.00pm-3.30pm (weekly-February, March, October, November)
	Girls Brigade	6.30pm-8.00pm
	Sing in the City	7.00pm-9.00pm
	Local History Society	7.30pm-9.30pm (monthly)
Thursday	Tai Kwon Do	7.00pm-9.00pm
	Falkirk Bohemians	7.30pm-10.00pm (May-October)
	Church Choir rehearsals	7.30pm-9.30pm (see separate note)
Friday	AA	10.30am
	Fairtrade stall	noon-2.00pm
	Open Door	noon-3.00pm
	Age Concern – keep fit	1.30pm-3.30pm
	AA	6.00pm
Saturday	Wee Tree Youth Theatre	11.00am-1.00pm
	AA	6.00pm
	Falkirk Street Pastors base	9.30pm
Sunday	Falkirk Festival Chorus	3.00pm-5.00pm
	AA	3.00pm

All rooms within the Church can be hired for one off or regular lets at very competitive rates. For more information, contact the Office.

#### Venue and Evening Cover Volunteers

Can you help with hall opening and locking up at weekends and in the evening occasionally? If you can, please let Gillian in the Office know.

#### Bereavement Support Group

Have you, or has someone you know, lost someone close to you and do you feel you would like a little help? It may be a recent bereavement or one that happened some time ago, but perhaps you feel that you are not coping as well as you could. Small groups meet at Falkirk Trinity for Bereavement Support following the Seasons for Growth programme. A new group is planned to start in the week beginning 16<sup>th</sup> April, possibly on a Thursday evening. If you, or anyone you know might be interested in coming along please get in touch with Moira, Jean or the church office.





## Music and Events in the Faw Kirk

**\*\*CANCELLED\*\* Classical Guitar Concert**  
**Friday 31<sup>st</sup> March at noon**

EVENTS  
IN THE  
FAW KIRK

Due to an injury, this concert has been cancelled. It will be rescheduled, though. Apologies for any inconvenience.

**Handel's Messiah**  
**Sunday 14<sup>th</sup> May at 7.00pm**  
**The Sanctuary**

EVENTS  
IN THE  
FAW KIRK

As part of the Falkirk Tryst Festival, Falkirk Festival Chorus will perform Handel's Messiah with Alison McNeill (Soprano), Laura Margaret Smith (Mezzo-soprano), Kenneth Reid (Tenor) and Phil Gault (Bass, baritone). Continuo will be played by Robin Bell, Organ, and Alasdair Tait, Cello, with Benjamin Baker and Savitri Grier, Violins, Charlotte Benneton, Viola and Mark O'Keefe, Trumpet. The conductor will be Robert Tait.

Tickets (£15; conc. £12) are now available from Chorus members and the Church Office

**Falkirk Folk Club presents CarronCast**  
**Saturday 20<sup>th</sup> May at 7.30pm**  
**The Sanctuary**

EVENTS  
IN THE  
FAW KIRK

CarronCast will play here as part of the Falkirk Tryst Festival on the 20<sup>th</sup> of May. CarronCast is a local Folk Club initiative aimed at encouraging and developing Folk and Traditional Music across the Falkirk area. Ticketing information will be available soon!

**The Five Side Effects of Kindness - David R. Hamilton PhD**  
**Wednesday 14<sup>th</sup> June at 7.30pm**  
**The Sanctuary**

EVENTS  
IN THE  
FAW KIRK

Did you know that performing acts of kindness lowers your blood pressure? Or that kindness has the power to relieve depression, boost self-esteem and reduce social anxiety by physically changing the brain? Kindness also slows the ageing process by reducing wrinkles and promoting muscle regeneration. As if that wasn't enough, kindness can increase the chances of our relationships lasting, cure stress and make our lives happier overall.

Join David as he discusses his latest book, The Five Side Effects of Kindness, and shares the scientifically proven health benefits of kindness and how they can transform your life. Tickets are £12.00 and available from the Office, Stadium Box Office (01324 506850) or online at [www.ticketsource.co.uk/date/348709](http://www.ticketsource.co.uk/date/348709)



## What's on elsewhere?

**Falkirk Operatic Society presents 'Oklahoma'**  
**Tuesday 18<sup>th</sup> – Saturday 22<sup>nd</sup> April 2017 at 7.30pm; Saturday Matinee at 2.00pm**  
**Falkirk Town Hall**

Tickets are £14.00 (£12.00 conc) can be ordered from [www.falkirkoperatic.com](http://www.falkirkoperatic.com) or from Elizabeth Donald or Elizabeth Woodford.

**Rachmaninov 2<sup>nd</sup> Piano Concerto, with soloist Paulius Rudokas**  
**Sunday 21<sup>st</sup> May at 7.00pm**  
**Falkirk Town Hall**



Falkirk Tryst Orchestra will play a programme which also includes Gershwin's 'American in Paris', Brahms' 'Academic Festival Overture', 'Journey Through Space' by Edinburgh composer, Tom Cunningham, and the world premier of 'Postcards from Russia' by

Iain McDonald. This work was specially commissioned from Iain for this year's Spring Concert. Iain is a member of the orchestra and lives in Clackmannanshire. The work is based on Russian folk songs. The Leader is Alistair Watson and

**Shoebox 4 Syria 2017**

Rainbow Muslim Women's Group are proud to announce that they are working in partnership with the ShoeBox 4 Syria campaign to collect shoeboxes filled with toys and treats and gifted to the Syrian children in time for Eid this year. If you would like to help, please get a shoebox (please ensure this has a lid) and wrap the box and lid in gift wrap separately. Gifts should be prepared for girls aged 3-6 years, boys aged 3-6 years, girls aged 7-11 years or boys aged 7-11 years and the box filled with toys, sweets, stationery or other small items. Please avoid second hand items, tinned food, military toys, sharp items and chocolate (as this may melt). Please ensure all sweets are suitable for vegetarians. Place lid on box but do not seal. Filled boxes should be delivered to Bainsford Post Office, 244 Graham's Road, Falkirk, FK2 7QP (Monday- Saturday, anytime between 10am-7pm or Sunday 12pm-5pm- please just hand in at the counter) The deadline for donations is Wednesday the 19<sup>th</sup> of April.

For more information, please visit [www.shoebox4syria.com](http://www.shoebox4syria.com) or contact [rainbowgroup@hotmail.co.uk](mailto:rainbowgroup@hotmail.co.uk)



**Create Falkirk**

For all arty kids in the area, new venture Create Falkirk might be right up your street. Create Falkirk aim to offer classes and workshops to ignite the spark of creativity that everyone has inside! We believe that every child can express themselves through art and aim to provide classes that offer an introduction to a wide range of topics-from painting and drawing techniques, crafting skills such as crochet and origami and expressive arts such as improvised acting and theatre skills workshops. Classes will be held in local venues at various times and for various age groups. We also hope to have Create Junior classes for toddlers and pre- schoolers available soon too!

If you have a child who may be interested in joining the Create Crew, find us on Facebook @ Create Falkirk. Email [Createfalkirk@gmail.com](mailto:Createfalkirk@gmail.com) or phone Fiona Shearer on 07828172919 or Mairi Summers on 07946499653.

**The Edinburgh Easter Play 2017**  
**Saturday 15<sup>th</sup> April at 2.00pm**  
**Princes Street Gardens West, Edinburgh**

This is a free performance and open to all. For more information, go to [www.easterplay.org](http://www.easterplay.org).



## Dates for your Diary

**Church Diary and Events**

- A Heart to Listen training day on Saturday 27<sup>th</sup> May
- Strathcarron Singers Annual Concert on Friday 19<sup>th</sup> May in the Albert Halls, Stirling
- Wanderers' outings on 11<sup>th</sup> and 29<sup>th</sup> of May